

## PSHCE Long Term Plan



### The Jigsaw PSHCE Scheme of Work

There are six Puzzles in Jigsaw that are designed to progress in sequence from September to July:

Term	Puzzle Name	Content
Autumn 1	Being Me in My World	Understanding my place in the class, school and global community.  Devising Learning Charters.
Autumn 2	Celebrating Difference	Anti-bullying and diversity work  (includes cyber and homophobic bullying)
Spring 1	Dreams and Goals	Goal-setting, aspirations, working together to design and organise fundraising events.
Spring 2	Healthy Me	Healthy lifestyle choices, drugs and alcohol education, self-esteem and confidence.
Summer 1	Relationships	Understanding friendship, family and other relationships, conflict resolution and communication skills.
Summer 2	Changing Me	Looking at change, including sex and relationship education.

